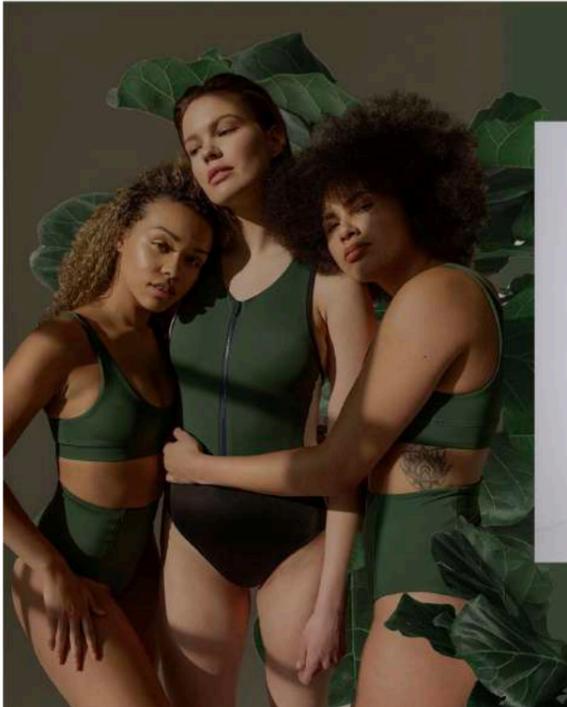


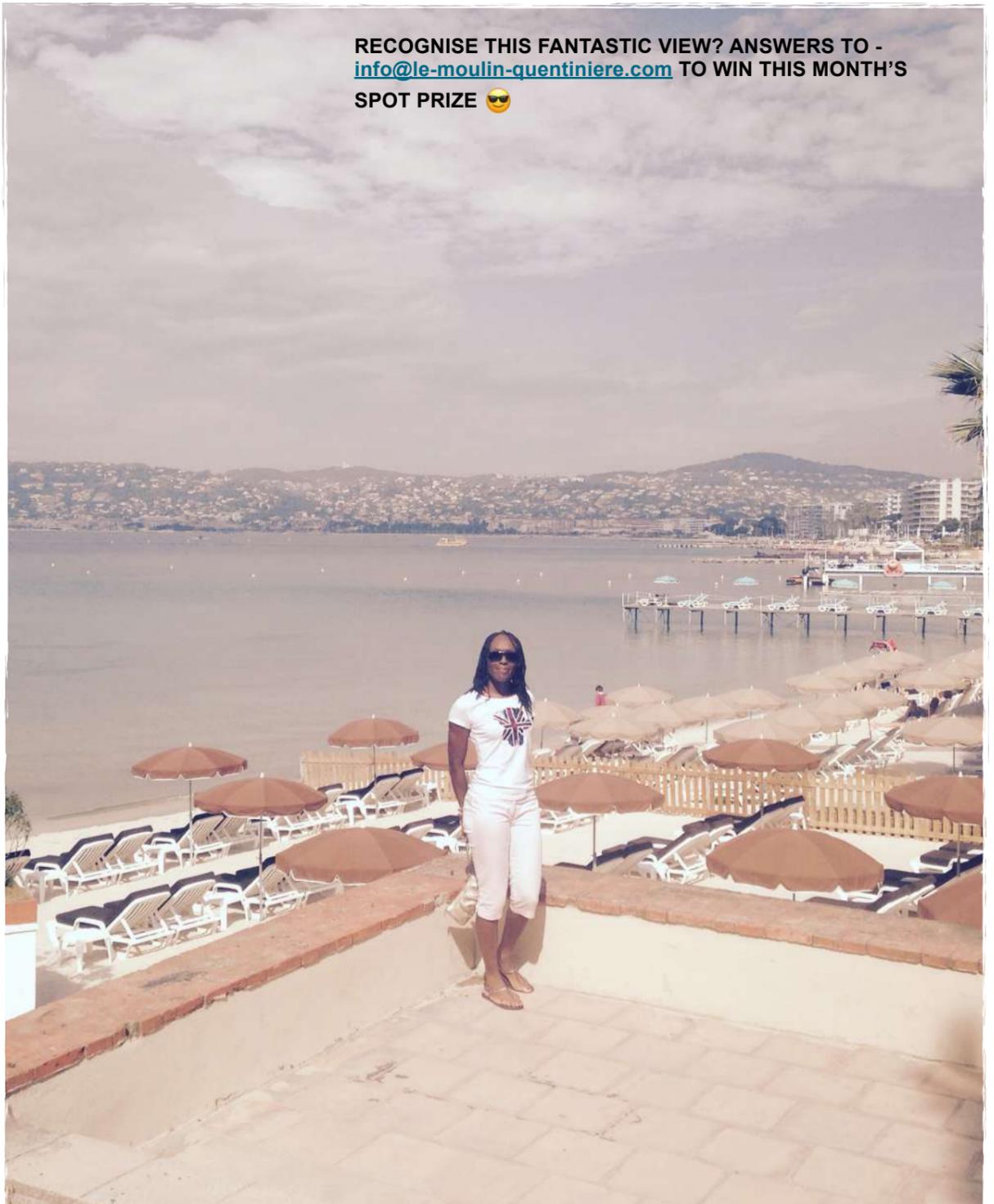
JULY  
2020

staywildswim



Time for a new swim costume? Check out this instagram site (btw, recognise any of the models? 😊)

RECOGNISE THIS FANTASTIC VIEW? ANSWERS TO - [info@le-moulin-quentiniere.com](mailto:info@le-moulin-quentiniere.com) TO WIN THIS MONTH'S SPOT PRIZE 😎



# LMQ NEWSLETTER

## SHOWCASING: REIMS

**REIMS** is a great place to visit. It has a fantastic cathedral, a brilliant automobile museum, a fort, a *Musée des Beaux-Arts*, a planetarium, and a museum containing the actual room in which Germany signed the surrender documents ending the Second World War. But the main attraction is champagne which, in fact, owes a lot to the woman who invented '*remuage*', a way of making the sparkling wine dry and crystal clear.

Madame Barbe-Nicole Clicquot (1777-1866) took on her husband's wine business at the tender age of 27 after he died. She became so successful that she became known as the Grande Dame of Champagne. At that time, sparkling wine was cloudy and sweet and certainly not valued as a drinking wine.



Mme Clicquot developed *remuage* (riddling) which cleared the sediment left over from the yeast used to make the wine ferment in the bottle.

By gradually tipping and turning the bottles each day until all the sediment was in the neck of the bottle, she discovered it was possible to remove it completely before sealing the bottles with corks and wires. Using this method, sparkling wines from champagne became much more popular, the sweetness easily controlled with the wine itself staying clear, golden and filled with tiny dancing bubbles.

The method is still used today, although the tipping and turning process is now mechanised and the sediment is removed by freezing the plug of sediment rather than pouring it out.

## VIRTUALLY THERE 🙄

Since we've all had to stay in, why not bring that local (and not so local attraction) to you? Here are a few virtual tours that you can take while not having to worry about what you're wearing and if you remembered to bring a bottle of water with you 😊

For a hit of culture try - <https://youtu.be/aZ-31-p3saU> or <https://youtu.be/ME2zyNBh3JM> or <https://youtu.be/vmKeRxx-xwM>

For garden enthusiasts - <https://www.rhs.org.uk/gardens/wisley/social-media> or <https://ngs.org.uk/virtual-garden-visits/> or <https://www.nationaltrust.org.uk/gardens-and-parks>

## IN YOUR BACK YARD

With all that has happened in the last few months, now that we're getting out and about - even it is just to do the grocery shop or visit the DIY store - means that we can revisit the way we've shopped in the past. One unexpected and welcome bonus to how we've had to live is the way in which many small businesses have been able to adapt so that they can keep trading. We've seen cafés become grocers, restaurants develop takeaway services and shops trading online e-commerce stores. Salon owners and fitness professionals have become YouTube superstars as they share their skills and expertise with an ever widening and more appreciate audience.

So, we are all able to realise and appreciate that in shopping 'local' we can not only fulfil our own essential needs but know that we are playing our part in building our local community, strengthening the local economy and in so doing, helping to create job opportunities. We can get a more personalised service by creating a relationship with our local traders and one last thing, not having to drive for miles saves time and reduces the CO2 emissions so it's also better for the environment.

## SCHOOL OF HARD KNOCKS?

My hat is raised to those of you who have been home schooling your offspring for the last few months and although we thought we could see the end in sight, we are then hit with the dreaded 'summer holidays' aaarrgghhh! Ok, don't despair, if you haven't already, check out these tips from a teacher of many years standing.

Try to do something unique with your child that can't be done in the classroom or from a worksheet. Use your home and the environment as a 'natural' school.

When out walking the dog or just taking some daily exercise, look out for

Street furniture : manhood covers, fire hydrants, lampposts, drains... ask the children to draw them, research what they do, who uses them and why. If your house caught fire, who would you call? Where would the fire engine hoses hook up to?

Home essentials and safety first : where are the stop cocks in the house? What are they for? Would they know when to use one? Where are the electricity/water meters in the house? What are they for? How do they relate to the household bills? Where is the fuse box and why do we have one? Would they know what to do if someone in the

had an accident and there was no other adult in the house? Knowing when/how to call the emergency services could be a life saver!

In the kitchen: what are we eating this evening / what have we got in the larder/fridge - where did each of the foods come from? How do they grow? Can you plot the areas/countries they came from on a map? How did they get here? What goodness does each of the foods contain? What does the word 'perishable' mean? What is the difference between 'use by' and 'best before' dates?

And remember parents, whilst it's not all holiday, its not all hard work either. Treat it as precious learning time together and even keep a scrapbook so the children have a lasting memento of everything they've learnt during your time together.

## COME AND COOK

Rather than another dish recipe, thought I'd share a sauce recipe with you. Quick and easy and ideal for the barbecue season coming up. Hopefully you'll have all these items in your larder.

### Barbecue Sauce

1 cup ketchup  
4 tbsps brown sugar  
4 tbsps Worcestershire sauce  
2 tbsps cider vinegar  
2 tps tabasco  
2 tps garlic powder (or substitute for 2/3 cloves fresh crushed garlic)  
1 tsp smoked paprika  
1/2 tsp mustard powder (or substitute for 1 tsp strong mustard)  
1/2 tsp salt

Place everything in a small pan on a medium heat and stirring occasionally, warm through just enough to dissolve it all. Take off the heat and leave to cool. Store in a sealed container in the fridge until you want to use it.

## MY BEST DAY

Last month, I asked you all to send me details of your 'Best Day', a first date, when you met your loved one or even your wedding day. Thank you for all your contributions, there were some truly wonderful stories and I'm privileged to be able to share a few of them here with you.

Mon mari, Graeme, et moi nous sommes rencontrés au travail. C'était en juin 1998 et la fièvre de la Coupe du monde de football avait saisi la nation. Il m'a demandé si je voulais le rejoindre dans un pub pour regarder le foot et je lui ai répondu que j'étais plutôt fan de rugby que de football. Il m'a dit que je ne savais pas ce que je ratais et m'a proposé de me payer un verre et de m'expliquer pourquoi le football était un jeu bien supérieur au rugby ! Intriguée et souffrant de FOMO (Fear Of Missing Out), j'ai accepté et le reste appartient à l'histoire, comme on dit... mais j'avais pris une longueur d'avance sur moi-même parce que j'avais effectivement parlé avec Graeme au téléphone 7 mois avant son invitation.

J'avais rejoint l'International Computers Limited (ICL) en tant que jeune avocate en septembre 1997, alors qu'il avait été recruté à l'université quelques années auparavant en tant que stagiaire dans l'industrie. Il était donc bien établi dans l'entreprise et était considéré comme une «étoile montante» en affaires.

Lorsque j'ai rejoint ICL, mon patron de l'époque m'a rapidement envoyé à Oslo, en Norvège, pour renégocier un contrat qui allait mal et qui coûtait de l'argent à l'entreprise. J'ai passé 9 mois à Oslo et j'appelais régulièrement mon assistante au Royaume-Uni pour savoir ce qui se passait au bureau. Un jour, j'ai été surprise d'entendre une voix masculine impatiente sur la ligne de mon assistante. "Bonjour" dis-je, "qui est-ce ?" et la voix m'a répondu "vous m'avez appelé, alors présentez-vous d'abord !". Quelle grossièreté, ai-je pensé. Plus tard, je devais apprendre de mon assistante que le gars impoli avec lequel j'avais eu un appel laconique n'était autre que Graeme grand, sombre et beau, qui venait d'être nommé à la tête de l'entreprise et qu'il voulait organiser une conférence hebdomadaire appelle avec moi pour le tenir au courant du contrat d'Oslo.

Une fois que nous nous sommes mis ensemble, nous avons fait de grands efforts pour garder notre relation secrète. Après 6 mois, j'ai décidé de quitter ICL et de rejoindre une autre entreprise, alors quand je suis apparue comme son «rendez-vous» à la fête de Noël, tout le monde était soulagé car tout le monde avait deviné notre «secret» dès le départ.

Donc, 22 ans et trois enfants plus tard, notre histoire continue...



## SPECIAL GUEST SLOT

A new feature for our newsletter; I have approached some of the partners that will be working with LMQ and asked if they would give our readers a little insight into what they do/how they got into their line of work / etc. Our guest contributor this month is the multi-talented Daniel McCaughan, videographer/photographer. (Daniel is available for all your video/ photographic needs. You can contact him via his website <https://www.eagleeyephotography.org/>)



“Hello all.

My name is Daniel McCaughan and I am an independent photographer/videographer with a small company by the name of DM Photography(original), and a YouTube channel called Eagle Eye Photography (much better).

I have been in the photography/videography game for a little over 5 years now, starting with small passion projects and gradually evolving into more professional areas.

I have had photo shoots ranging from birthdays, to fashion boutiques. From Christmas lights, to chateau weddings. From factory floors, to food trucks. There is nothing that is off limits.

I use a wide variety of cameras, lenses, a drone and numerous accessories, all with the sole intent of capturing that perfect moment.

I bought my first camera at the ripe old age of 28! It was a hobby that I had always wanted to take up but could rarely find the time to dedicate to it. Photography was something my dad had also taken up early on in his retirement and I thought it would also be great to (finally) have a common interest with him, and it was in fact my dad who gave me the single greatest piece of advice for a



new photographer, “don’t be afraid to lie on the floor to get the shot.”

From then on I was hooked. And the idea of “getting low” spurred on the idea of “getting high” (in the air). But accomplishing that was no easy task with an entry level Nikon camera. So what happens next? I’m online looking for a flying camera that I can control remotely. Now the word drone has/had such negative connotations that they were more often called “Quadcopters” to avoid the stigma. So 1 Amazon delivery later and I have my first quadcopter. A 12 megapixel flying camera, affording me the ability to easily get a brand new perspective on photography that would have been previously impossible.

The aerial shots of the town where I live soon got the attention of local businesses and the town hall, and I was so excited and needed little excuse to use my new toy that I offered photo shoots for free just so I could show off that amazing piece of technology. Technology that advanced so quickly in such a short space of time that an upgrade was quickly “needed.”

My second drone came with a new feature called Auto exposure bracketing, which will take 5 photos in quick succession. 1 normal, 2 bright photos to bring out detail in the shadows, and 2 dark photos to bring out the detail in the highlights. These 5 photos can then be merged using editing software, to give an extremely detailed photo with as much detail as you could hope for.

Take a look.

This photo had me full on addicted to aerial photography and got me my first paid drone job for the town hall. They wanted a short video of the town Christmas lights to promote the local Christmas market.

Since then I have acquired my certificate of competence for drone operation and haven't looked back. My hobby became my passion, and my passion became a small business.

Thanks for taking the time to read a little bit about me and I hope to hear from you in the future.

Cheers.  
Daniel

## Just for fun...

Find the surnames of the actors (and look out for the lone alphabet letter 😊)

M C D F V H C N E D

G E A X A J P B V U

W R H S R Y V S U J

H T I M S K O G E A

N K F C D E P C N R

P Y B E I L L W E D

R S L V A L M L D I

E O R T G Y I T F N

N J K A L U U Y A P

O B C E O R N O M H

Cassel (Vincent)

Delon (Alain)

Dench (Judi)

Deneuve (Catherine)

Dujardin (Jean)

Kaluuya (Daniel)

Kelly (Grace)

Monroe (Marilyn)

Reno (Jean)

Smith (Will)

*That's all for this edition, hope you enjoyed it.*

*nb. Don't miss out, subscribe to receive the next edition straight into your inbox 📧 <https://bit.ly/LMQVIP> 📧*

Sources: Google, Round&About magazine, localDirectory, out of my head, heehee

<https://www.le-moulin-quentiniere.com>  
0044 7947 834948